

“Bridging the Gap” Retreats



A 4-day retreat for post 9/11 service members/veterans and a caregiver or primary support person aimed at improving the well-being of military families.



You will experience group support, education, stress-management skills and fun in a beautiful setting. Enjoy relaxation, canine therapy, yoga, equine therapy, outdoor activities, and more. Small group setting, facilitated by veterans, former VA/DoD experienced providers, volunteers & nonprofit support organizations.

Past participant comment: “I feel that this weekend has restored my tattered spirit and renewed my optimism.

I believe this has relit my candle so to speak and I’ve met people who can reflect my light back to me when things get dark and cold”. -Iraq Vet



Funded by Walter Reed Foundation, in collaboration with Invisible Wound and Kansas State University’s Institute for the Health and Security of Military Families.

Date: August 4-7, 2016

Location: Prairiewood Retreat & Preserve
Manhattan, Kansas

Apply at: <http://invisiblewound.org/retreats>

*Please use this link to apply for other future retreat sites.

Registration deadline: Sun., June 5th, 2016

Contact Kali Summers, kali@invisiblewound.org with questions.

Accommodations & food are provided. Travel to & from the Retreat, as well as childcare are not included.

KANSAS STATE UNIVERSITY Institute for the Health and Security of Military Families

